

SOVEREIGN INDEPENDENT RIGHTFUL FREE

We must acknowledge our sovereignty and stand in our power. We must balance rights and responsibilities. We must be vigilant so that our Nation remains whole and healthy. We keep watch and inform others to keep people safe from tyranny and oppression. We are the guardians of freedom.



FREE

- We are **citizens** of a sovereign independent nation.
- Our nation is governed by the **people**.
- We created the **government**, and it did not create us.
- We are one people, both separate and **equal**.
- Our **legitimacy** is because of the rule of the people.
- Our government exists to secure our **rights**.
- We are not **subjects** to be ruled by another.
- We are not governed by **global** consensus.
- We **decide** how to educate and raise our children.
- We leave a proper **legacy** for the next generations.
- We have the right to decide what we **consume**.
- We control our own **bodies**, minds and spirits.
- We claim our right to medical **freedom**.
- We know **financial literacy** creates stability.
- We have the right to **speak** freely and openly.
- We decide how, when and where we **move**.
- We **control** our own personal affairs.

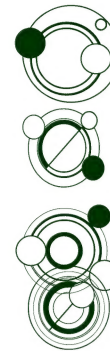
STABILITY



- I understand that the Earth's and my **needs** are connected.
- I know that **alignment** with nature improves my life.
- I utilize **resources** and products that are natural.
- I understand where my **necessities** come from.
- I understand that lifestyle creates **independence**.
- I know that nature is the source of **medicine**.
- I seek **harmony** with nature to increase abundance.
- I consume to create strength and **wellness**.
- I understand how what I **consume** affects me.
- I reduce my **exposure** to artificial EMF energy.
- Living in alignment makes my life **richer**.
- I can **control** my access to what I need.
- I live in flow with my **environment**.
- I prioritize **pure** air, water and food.
- My health increases my **capability**.
- My **lifestyle** defines who I am.
- Living naturally is **stability**.

STRONG HEALTHY NATURAL PURE

We must integrate ourselves and our planet. Its well-being and our own cannot be separated. We must live in balance - mind, body and spirit. Our respect for the Earth must be the same as our respect for ourselves. We understand that wholeness exists when we act in gratitude and prioritize purity.



PURE

MASCULINE



COURAGE



We must take charge of the stability of our lives. We are in control of our security, and it cannot be controlled by others. We must learn self-sufficiency. We must be trained and self-reliant to build the future we need. We must become responsible so that our quality of life is always in our own hands.

SAFE



- I can **thrive** in any environment.
- I am **independent** of water, natural gas and electrical grids.
- I can sustain **life** with minimal technology.
- I am **proficient** in selecting the proper supplies and gear.
- I know my **relation** to populations, terrain and services.
- I understand how to assess and manage **risks**.
- I understand how my environment affects my **emotions**.
- I am able to read maps and **navigate** without technology.
- I am able to **access** safe drinking water at all times.
- I understand how my **presence** impacts my environment.
- I am able to **provide** first aid and basic medical care.
- I am not reliant on public **safety** for personal protection.
- I am able to **defend** myself and my property.
- I understand how to **survive**.
- I can **maintain** and repair my home.
- I am able to **consistently** purchase, grow or gather food.
- I control my sources of **energy**.



VISION

SAFE CAPABLE PREPARED SECURE

THE GREEN PILL

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- All that exists is only **thought**.
- There is only **purity** in the Light.
- Man must not condone **evil** in any measure.
- Love** is pure and is from the soul.
- Recognizing and coming into **Truth** equals eternal life.
- Source in all its Creation is **limitless**.
- Spiritual roots are the foundation of **resilience**.
- There is nothing **hidden** that shall not become evident.
- Truth lies deeply in the **laws** of The Creation.
- Man must be both the brother and **servant** of all Life.
- There is life and **intelligence** in all forms.
- Each and every one of your fellow-men is a portion of **deity**.
- In order to receive you must first **give**.
- Man must learn to apply **knowledge** once he has attained it.
- Source gave us unique **gifts** to bestow on others.
- Spirit may come to know itself, that man might be **free**.
- Man must know and honor his **ancestral legacy**.

FEMININE



HEALING



LOVE



We must recognize that our divine spirit is eternal. We must choose a path that unlocks our creativity. We know that serving others enriches our own lives. We understand that our potential and expansion has no limit. We know that love is a technology, not an emotion. We are all one. We are all Co-Creators.

LOVING CREATIVE GROUNDED SPIRITUAL

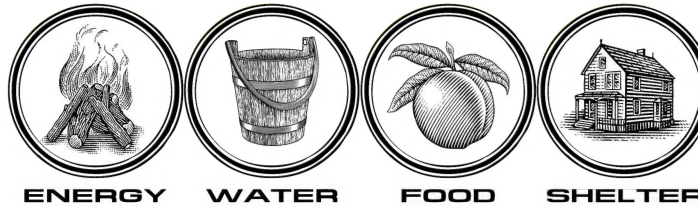
Air

THE GREEN PILL

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HONESTLY LOOK AT YOURSELF, YOUR STRENGTHS AND WEAKNESSES. DISCOVER WHAT IN YOUR LIFE IS NOT WORKING. WORK ON, OR MODERATE THE WEAKNESSES. SEEK THE COUNSEL OF OTHERS YOU TRUST. SEEK WISE AND GODLY COUNSEL OF PERSONS WHOSE LIFE IS WORKING WELL. FIND LIKE-MINDED PEOPLE WHO UNDERSTAND WHERE THIS COUNTRY IS GOING, WHO HAVE THE INSTINCTS FOR SURVIVAL, AND WHO ARE TAKING STEPS TO GET PREPARED FOR THE DIFFICULT TIMES WHICH LIE AHEAD.

Urban lifestyles are in decline. If a family can live in a more rural or country setting, not only can they lower the risk from crime, but they can live a far more basic, self-sufficient lifestyle. Some must work in the city, but they can live out in the country and commute to work if they choose. Not only is it a more basic, self-sufficient lifestyle, it will prove to be far safer in the event of periods of crisis.



If you must live in the city and have relatives in rural areas - work out a coalition plan wherein you can contribute to the size of the dwelling and storage facilities and supplies against the day of emergency. Arrange now for a place of retreat so that plans and supplies are suitable to include you. Find alternate methods of doing everything. Live below your means and eliminate waste.

USE THESE LISTS OF IDEAS TO INSPIRE YOU TO RESEARCH, PLAN & TAKE ACTION. TAKE WHAT RESONATES & DISCARD THE REST

SECURE THE POWER OF THE MIND

ASTRONOMY
BLACKSMITHING
COMMUNICATION
CONSERVATION
DOMESTIC ANIMALS
FIREARMS & WEAPONS
FIREMAKING
FIRST AID
FOOD PRESERVATION
FORAGING
HOME REMEDIES
HUNTING & FISHING
HYDROPONICS
MAP NAVIGATION
MARTIAL ARTS
POTTERY & WOODCRAFT
RAIN GATHERING
REGENERATIVE FARMING
SANITATION
SHELTER BUILDING
SOLAR POWER
TINY HOME & R.V. LIFE
WATER PURIFICATION

STRONG THE POWER OF THE BODY

CANNABINOIDS
CRYSTALS & METALS
DANCE & YOGA
EARTH GROUNDING
EMF PROTECTION
ENERGY HEALING
ENTHEOGENS
ESSENTIAL OILS & INCENSE
EXERCISE
FASTING
HYDRATION & ALKALINITY
INTUITIVE EATING
MASSAGE & BODYWORK
MEDITATION & BREATHWORK
PLANT MEDICINE
POSITIVITY & GRATITUDE
SCHUMANN RESONANCE
SERENITY & ISOLATION
SHAMANIC DRUMMING
SINGING & CHANTING
SLEEP & REST
SOUND HEALING
SUN EXPOSURE

SPIRITUAL THE POWER OF THE SPIRIT

ANCIENT TEXTS
ASCENDED MASTERS
ASCENSION
CHRIST CONSCIOUSNESS
DISCLOSURE
EXTRATERRESTRIALS
GALACTIC GUIDES
HERO'S JOURNEY
INTUITIVENESS
KARMIC BALANCE
LAWS OF CREATION
LIBERTY TEMPLATE
MINISTERING
NON-LINEAR TIME
ONENESS & DIVINITY
PAST LIVES (QHHT)
PRAYER
RETURN TO SOURCE
SELF RESPECT
SERVICE TO OTHERS
SPIRITUAL GROWTH
STARSEEDS & LIGHT WORK
TEMPORAL WARFARE

SOVEREIGN THE POWER OF THE PEOPLE

AMERICAN REVOLUTION
BARTERING
CAPITALISM
CIVIC DUTY
CONSTITUTIONAL REPUBLIC
DUE PROCESS
ENTREPRENEURSHIP
FEDERAL RESERVE
FREE SPEECH
GLOBALISM
GOLD & SILVER
GRAND JURIES
HOMESTEADING
INCOME TAXES
LAND OWNERSHIP
LAW ENFORCEMENT
LAWS OF THE LAND
MAGNA CARTA
PIONEER LIFE
REPRESENTATIVE GOVT.
RESOURCE MANAGEMENT
STATES RIGHTS
ZONING & PERMITS



EARTH
PROJECT
TRANSITION
JUNE 19
2020
YEAR 32
DAY 308



"A Green Pill a day,
keeps the Black Pill away."
-Veil Removed

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@NEWTEMPLARS
INTERGALACTIC FEDERATION FLEET
ASHTAR COMMAND